



**CHECKLIST FOR STUDENTS
(PLEASE CLEARLY LABEL ALL ITEMS TAKEN ON CAMP)**

DAY:	NIGHT:
<ul style="list-style-type: none"> • Track suit pants / Jeans • Windcheater(s) • T-shirts (long sleeve and short sleeve) • Shorts • Socks / Underwear • Solid footwear for walking • Warm coat or jacket (preferably waterproof) • Gumboots (weather dependent) • Old shoes for water activities • Drink bottle for water • Hat (sun hat or beanie depending on season) • Insect repellent/sunscreen 	<ul style="list-style-type: none"> • Pyjamas / onesies • Dressing gown / tracksuit • Slippers / thongs • Sleeping Bag • Pillow case • Torch
TOILETRIES:	OPTIONAL (at own risk):
<ul style="list-style-type: none"> • 2 Towels • Toothbrush and toothpaste • Soap • Shampoo • Hair Brush / Hair ties for long hair 	<ul style="list-style-type: none"> • Camera • Paper, pens, pencils • Fishing gear
*** COMMANDO OBSTACLE COURSE: ***	
<ul style="list-style-type: none"> • Long pants • Very old clothes and sneakers are needed for this activity • Plastic bag as clothes will be put in muddy 	
*** HIGH ROPES / FLYING FOX & GIANT SWING ***	
<ul style="list-style-type: none"> • No short shorts – pants must be to knees or below • No tank tops – T-shirts/jumpers only • Long hair tied back 	
<p>Note: these activities require a full body harness and require clothing underneath straps</p>	

We kindly ask that students do not bring:

- Chewing or bubble gum
- Radios
- Computer games