



CHECKLIST FOR STUDENTS

- Sleeping Bag
- Pillowcase
- Towel(s)
- Personal Toiletries:
 - Toothbrush and toothpaste
 - Shampoo
 - Hair ties for long hair
 - Soap
 - Hair Brush
- Torch
- Drink bottle for water
- Warm coat or jacket (preferably waterproof)
- Hat (sun hat or beanie depending on season)
- Two pairs of shoes (one old pair for canoeing and water activities) Note: "cros"/thongs are unsuitable for canoeing or similar activities. Wearers of this type of footwear will not be permitted to participate in activities of this type.
- Changes of clothing including:
 - Warm jumper, wool if possible
 - Socks
 - Underwear
 - Windcheater(s)
 - T-shirts (long sleeve and short sleeve)
 - Trousers or jeans
 - Pyjamas / Tracksuit (for sleeping as some nights can be cold)

OPTIONAL

- Gumboots
- Camera
- Insect repellent / Sunscreen
- Pens, pencils, paper
- Fishing gear

PLEASE DO NOT BRING

Chewing/bubble gum
Radios
Computer games